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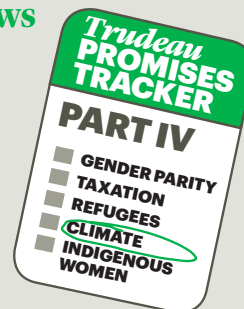


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Taxi industry hurting from economic rut

TRANSPORTATION

Another quarter, another overall drop in city trips



Helen Pike
Metro | Calgary

A report coming before the Taxi and Limousine Advisory Committee on Friday highlights a 16 per cent drop in taxi trips for the third quarter of 2015 when compared to the same period last year. What's more: year-to-date trips for 2015 are down 11 per cent overall.

Carissa Vescio, spokesperson with the city, said the report is a reflection of the current economy.

Although fares were bumped by 8.1 per cent last September, the distance revenue for this quarter is only up 1 per cent over last year's third quarter. Year-to-date revenue is down \$631,000,

which only accounts for a 0.1 per cent difference from revenues last year.

Drivers have been reporting to council and the public about the tough economic climate, citing longer wait times between trips and a jam-packed downtown filled with cabs waiting to pick up fares.

On Oct. 15, UberX, a new Transportation Network Company (TNC), launched in the city, further impacting drivers with discounts of up to 30 per cent off what a regulated taxi would cost.

"We're suffering," said Rupinder Gill with Calgary United Cabs. "It's slow right now, very slow.... There's no fares, we're circling around ... some days you only make three, four trips in a whole day."

Vescio said it's too soon to determine what the new TNC entrants will do to the taxi market's figures. Right now, administration is working on UberX regulation options to present to council.

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A woman with blonde hair pulled back, wearing a white lace top, is shown in profile. She is resting her chin on her hand, which is adorned with a large diamond ring. Her wrist features a gold watch with a diamond-set bezel and a matching diamond bracelet. She is also wearing a small diamond stud earring. The background is a soft-focus indoor setting with light coming from a window.

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School's rules take fun out of Halloween: Mom

CBE

No masks, no props and no scary costumes allowed



Aaron Chatha
Metro | Calgary

Natalie Hjelmsvold is frustrated with the restrictions her son's school has placed on his Halloween costume: no masks, no props and nothing scary.

"They don't have a definition of scary, they just don't want costumes that will frighten the kindergarten children," said Hjelmsvold, whose son attends Belfast Elementary School. "Well, what scares one kindergarten is like a joke to the next one. Who makes that distinction?"



I don't understand why every other child in the school has to adapt because some children don't know how to behave.

Natalie Hjelmsvold

These rules are not uncommon in CBE schools — school principals set the costume policy, so Halloween is celebrated in a variety of ways throughout the board.

"For Halloween this means that some schools provide students with the choice to wear costumes to school while others do not," said a CBE spokesperson. "Other schools wear Halloween colours to school instead."

Because students may come from a range of different backgrounds and experiences, the CBE said "it is also not uncommon for schools to ask students to avoid wearing costumes which are violent in nature or might limit the mobility of students."

But for Hjelmsvold, who said Belfast is normally a wonderful school, it has become a frustrating experience to find something her son can wear at school and also wear trick-or-treating on Halloween night.

"You take a nine-year-old boy shopping for a Halloween costume and you show them an average costume hanging on the rack and he's saying, 'No, that one will be too scary, no, that one has a mask, I can't wear it,'" she explained. "What kid wants to buy a Halloween costume and wear one quarter of it?"

Hjelmsvold and her son eventually settled on a ninja costume, but during the school day, her son will leave the ninja mask



Belfast School is prohibiting costumes like these, with masks and props, and it has one parent frustrated when shopping for her son. THE CANADIAN PRESS

and props behind.

"If you send your kid to school in a costume that has a prop, and they swing the prop around and clock another kid,

well, there are consequences to that: apologizing, losing the privilege to participate in an activity, whatever that may be," she said.

"But I don't understand why every other child in the school has to adapt because some children don't know how to behave or make better choices."

MANSLAUGHTER

Judge rejects defence

A man who argued he was fending off an attempted sex assault when he stabbed his new neighbour 37 times has been convicted of manslaughter.

A judge, in rejecting Nicolas Rasberry's defence, said the prolonged attack on Craig Kelloway in May 2013 was "excessive and unreasonable."

"The amount of force used is so far out of proportion as to render the accused's actions as being unreasonable," Justice Robert Hall said Wednesday in a Calgary courtroom.

Hall did say there was a level of provocation and that's why he found Rasberry, 32, guilty of the lesser charge instead of the second-degree murder he was charged with. Rasberry said Kelloway had threatened to sexually assault him and his wife.

Kelloway, 31, was originally from Glace Bay, N.S., and had just moved in next door. He was killed the same day the two men and their partners had a few drinks and a barbecue together for the first time.

Rasberry made a call to 911 after the attack, saying he'd stabbed Kelloway when the teacher tried to have sex with him after the women had left them alone.

He told investigators he felt like he had to "put him down," but said the last thing he wanted was for Kelloway to die.

Rasberry was visibly distraught and attempted to hold back tears as the judge recounted what happened.

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IN BRIEF

Teen taken to hospital with gunshot wound

Calgary EMS transported a boy in his late teens to hospital Wednesday morning after he suffered a firearm-inflicted wound to his torso.

Police and EMS responded to reports of an injured individual in the 7100 block of Hunterville Road N.W.

EMS said the teen was found after the police cleared the scene.

"We subsequently transported him to Foothills Hospital in serious condition," said Stuart Brideaux, public education officer with EMS. "Normally I would add stable or potentially life-threatening, but in this case he's in that sort of middle ground."

He said no one else was found injured on the scene.

Police are investigating and are not describing the incident as a shooting, they said they were responding to an individual in medical distress. METRO

Crash on John Laurie Blvd. sends man to hospital

A man in his 70s was taken to hospital in life threatening condition Wednesday after his truck crossed the median and struck a light pole.

The accident happened around 12:45 p.m. on John Laurie Boulevard near Brisebois Drive NW.

The first bystanders on the scene found the man behind the wheel of his truck unconscious. They removed him from the vehicle and performed CPR until paramedics arrived.

He was transported to Foothills Hospital in critical condition.

There were no other vehicles involved in the crash. Calgary Police are investigating what led to this collision.

METRO



Outdated and unsupported technology (shown here in a screenshot from a 2008 CPS demo on the bait car program) forced the Calgary Police Service to shelve the previous bait car set up. SCREENSHOT

City police hope to bring back bait cars

THEFTS

Over 500 cars are stolen in Calgary each month



Lucie Edwardson
Metro | Calgary

After a spate of Calgary car thefts, police are hoping to re-introduce their bait car program, to catch car thieves in action, in the near future.

Calgary police put out a warning Wednesday, cautioning Calgarians to be vigilant and offering tips on how to prevent themselves from

becoming a victim of car theft.

Staff Sgt. Kristie Verheul said although the bait car program was suspended because the technology was out of date, it never went off CPS radar.

"We're looking at what that could look like again, and we're hoping to implement something in the near future," she said.

With more than 100 cars being stolen in Calgary each week, Verheul said bait cars would act as a deterrent to car thieves. "We would be able to say that we do have bait cars out there which would make the offenders who are committing these crimes think twice," she said.

On top of acting as a deterrent to criminals, the cars would be outfitted with GPS,

and other technologies that would allow the police to monitor the vehicles and ultimately shut them down safely.

Verheul said the CPS is facing a few challenges in its mission to re-instating the program.

"The technology that we have isn't supported anymore," she said. "In trying to find the right technology it's taking some time."

"Furthermore, it's an expensive undertaking that requires a lot of upkeep," she added.

The Calgary police first used bait cars briefly back in 2002, but shelved the idea until 2008 when the program was relaunched and CPS set out on a citywide trolling expedition for car thieves.

The vehicles at the time

were equipped with both video and sound equipment, GPS tracking and could be turned off remotely when police were in a position to apprehend the thieves.

Verheul said CPS has a number of other initiatives in place that focus on stopping car theft in the city.

She said there are many things Calgarians can do to prevent themselves from becoming victims of vehicle theft, and said the No. 1 thing they can do is protect their car keys.

"Car keys are a commodity," said Verheul.

"To keep them safe is what our messaging is right now and we could reduce the risk and the numbers if the public would be a little more diligent with that."

TRANSPORTATION

Minister hints at railway

Based on a comment made by Transportation Minister Brian Mason during Wednesday's question period, Albertans could be seeing high-speed railways in their futures.

But, according to a spokesman for the minister, high-speed railways aren't actually in any of their plans — yet.

"The corridor study that is currently out to tender is not considering high-speed rail, but of course we are always open to proposals and having a conversation," said Aaron Manton, press secretary for the minister.

Mason mentioned high-speed rail when asked by another member of the legislative assembly for alternatives to widening the road to add more vehicles.

Manton said currently there are many other possibilities being mulled over.

"Some of the options being considered for congestion management in the QE2 corridor study include public transit, commercial vehicle lanes and the feasibility of using the QE2 corridor as a multi-use corridor," he said.

Marc-André Roy, vice-president of consulting firm CPCS, who has consulted on the issue before, said he isn't sure the project is any more financially feasible now than before, but said what the project would truly require is a political vision.

"It's not something that would necessarily be justified in five years," he said. "But, if you've got a 30-plus year outlook for that corridor and really want transportation between Calgary and Edmonton to move away from being solely dominated by passenger vehicles, then that is something that makes sense."

Roy said to make high-speed railways work there would have to be incentives in place.

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Alberta Premier Rachel Notley hugs Finance Minister Joe Ceci after the NDP rolled out its first budget on Tuesday.

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Borrowing defended

FINANCIAL MANAGEMENT

Province had limited options in budget: Notley

Alberta Premier Rachel Notley says the government was stuck between a rock and a hard place when it made the decision to borrow money to run day-to-day operations.

The NDP leader says not doing so would require deep and devastating cuts in public services.

"The only way that any government could plan to not have to borrow for operations for a couple of years would have been to make absolutely unprecedented cuts to our teachers, to our nurses, to our hospitals, to the very services that promote the resilience of our communities," Notley said in Calgary on Wednesday.

The province is going through an extremely difficult economic period, said Notley, who added that extreme solutions are not the best antidote.

Alberta is wrestling with continued low oil prices that

have slashed billions of dollars from the government's bottom line.

"When you're on an exceptionally rocky and bumpy economic road you need shock absorbers. It is not the role of the government to drive into the ditch to try and find a different path forward."

The budget presented Tuesday by Finance Minister Joe Ceci is an ambitious plan to use low interest rates and a downturn in the economy to ramp up construction and refurbishment of roads, schools and hospitals. It projects \$34 billion in capital spending over the next five years.

The government intends to keep hiring to a minimum, but doesn't plan to drastically reduce service levels in key areas such as health and education.

The result is a budget that forecasts multi-billion-dollar deficits for the next four years, including \$6.1 billion in the current fiscal year, which ends March 31.

Alberta has not borrowed to pay the everyday bills since the last economic downturn under former premier Don Getty two decades ago.

THE CANADIAN PRESS

\$47B

Alberta's total expected debt by the end of the decade.

THE CANADIAN PRESS

SPENDING

Premier nixes provincial sales tax talk

Premier Rachel Notley is shutting down suggestions her spend-heavy budget may ultimately trigger a sales tax to pay for it all.

Notley told the House during question period Wednesday that no sales tax or harmonized tax will be created on her watch.

"That budget nor any other budget in the term of this government will not and does not include a PST," said Notley.

The Alberta government projects \$34 billion in capital spending over the next five years and \$47 billion in total debt by 2020.

The result is a budget that forecasts multibillion-dollar deficits for the next four years, including \$6.1 billion in the current fiscal year, which ends March 31.

Wildrose Leader Brian Jean told Notley the borrowing could trigger a cut in the prov-

ince's AAA credit rating, leading to higher interest rates and even more red ink.

"This budget has too much debt and no plan to pay it back," Jean told the House. "Why is the premier risking the future well-being of Albertans with this budget?"

Notley noted the government will pass a bill this session to head off downgrades by limiting debt to 15 per cent of the province's nominal gross

domestic product.

She added that the current ratio is about six per cent of GDP.

Notley said her job is to find the best long-term plan and to stick with it rather than simply hacking and slashing when prices tumble in the province's wellspring oil economy.

"This budget is investing in the future well-being of Albertans," said Notley.

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Funding announced for Calgary Cancer Centre

HEALTH CARE

Province commits \$830M for delayed project

Jeremy Simes
For Metro | Calgary

Cancer patient Rebecca Morlidge was thrilled to see the government's commitment to building the Calgary Cancer Centre facility on the northeast side of the Foothills Medical Centre.

The day after rolling out a deficit-laden budget that also saw the proposed cancer centre delayed by up to four years, Premier Rachel Notley began her budget sales tour with the announcement of \$830 million for the long-delayed health project.

The centre will replace the Tom Baker Cancer Centre to provide more beds and services, she added.

Morlidge — whose breast cancer has spread to her spine and liver — said she frequents several facilities each year for treatment.

"So, being able to go to one comprehensive centre that's state-of-the-art and close to the University of Calgary is amazing," she said.

In July, Health Minister Sarah Hoffman said she hoped to have the cancer centre open by 2020.

However, that target was set by the former Progressive Conservative government in 2012, Notley said, adding the 2024 deadline is a "cautious" and "conservative" date that



Rachel Notley announced the location for the Calgary Cancer Centre will be on the northeast side of the Foothills Medical Centre. JEREMY SIMES/FOR METRO

2024

The new facility will be located on Lot 7 at the Foothills, said Notley, adding construction will begin in 2017 for the building to open by 2024.

the government will maintain.

Cancer centre advocates championed the government's

commitment to build the facility, despite the delay.

"The delay is not unexpected and I think (the government) is doing the very best it can," said John Osler, co-leader of Concerned citizens for the Calgary Cancer Centre.

Morlidge echoed that, saying she thinks the 2024 deadline is realistic.

The former government projected the facility would cost \$1.3 billion, and later scaled back funds for the facility and

the site.

Notley said the budgeted \$830 million won't cover the entire project and estimates the centre's costs will remain around the \$1.3 billion mark.

The government has sent out a tender for the project and will know the full cost when it returns, she added.

Wildrose Party health critic Drew Barnes said the government should've made efficiencies in the budget to allocate enough money to fully fund

the centre.

More funds for the project will come through future budgets, the government said, adding the five-year capital plan ends well before 2024.

If resource revenue is lower than what the NDP projected, Notley said the government won't cut on capital spending.

"I think it's very unlikely that we'd blink on capital," she said. "We have a boom and bust economy, and we don't need a boom and bust government."

NDP BUDGET

Jobs plan has low pay-off: Wildrose

Ryan Tumilty
Metro | Edmonton

The NDP's job program announced Tuesday will either create far fewer than the 27,000 jobs each year the government hopes for or will instead subsidize low-paying positions.

The program, announced in the budget, pledges to grant employers up to \$5,000 — to cover up to 10 per cent of the earnings of a new hire.

But the \$89 million the NDP budgeted for the program in each of the next two years means if it meets its 27,000-jobs target each year, the average grant can only be about \$3,300 — for jobs paying around \$33,000 a year.

For comparison, a full-time job at the NDP's proposed \$15 per hour minimum wage would pay about \$31,000 per year.

Minister of Jobs, Skills, Training and Labour Lori Sigurdson said the job-creation number is a high-end possibility and not a hard target.

"We're saying it could be up to 27,000 jobs. It doesn't necessarily mean it will be. It is really up to what business decides," Sigurdson said.

"We're not the creators of the jobs. We're creating an environment where business can create those jobs."

Wildrose jobs critic Grant Hunter said it appears the NDP created the job numbers to match campaign promises.

"I don't know if it was really an empirical, peer-reviewed approach," he said.

Hunter also said he worries some employers may lay employees off and re-hire them, to take advantage of the grant.

ONLINE

Petition calling for landfill to be named after Stephen Harper

Aaron Chatha
Metro | Calgary

Would you support renaming the Calgary International Airport after Stephen Harper? What about the Stephen J. Harper Landfill?

Since an online petition launched this week to rename the Calgary International Airport after Harper, it's sparked a number of opposing petitions.

The first was a petition to prevent the renaming of the airport.

But now, new petitions include naming a wastewater treatment plant or a landfill after the outgoing prime minister.

"Calgary's landfills are environmentally conscious, well managed, and science friendly. I think Mr. Harper could learn a lot from them!" said Craig Hopkins, who created the landfill-renaming petition, in an email.

Hopkins said it started as a joke, but he was surprised to see the enthusiasm and support it generated.

Curtis Mullen, who started the original petition to rename the

“It was funny, but in retrospect it's unfair to compare a landfill to the Harper government.”

Craig Hopkins

airport, told Metro earlier this week he wanted to honour the longest-serving prime minister from Western Canada.

"Canada has a tradition of

naming airports after former prime ministers," he said. "We do this to recognize their accomplishments while they were in office. Prime Minister Harper represented Canada and more specifically Calgary on the world stage."

As of Wednesday morning, the original petition has more than 6,000 signatures. The petition to prevent the renaming has more than 19,000 signatures.

The petition to rename the East Calgary Landfill to the Stephen J. Harper Landfill has more than 3,500 signatures.



The creator admits his appeal was just for fun, but he's surprised at the response it's received. JENNIFER FRIESEN/FOR METRO



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MUNICIPALITY

Old City Hall reno could begin next year

Brodie Thomas
Metro | Calgary

City councillors will have to find new office space in the next year if plans to restore Old City Hall go ahead.

A report from city administration going before the Land and Asset Strategy Committee on Thursday recommends city council approve the Historic City Hall Rehabilitation Program.

The Old City Hall building was inaugurated in 1911 and remains in use to this day. The sandstone exterior is the main issue with the building. In September 2014, parts of the exterior fell off, creating safety concerns for citizens.

The project is currently budgeted at \$34.1 million with a time span of five years. The report notes that repairing an old building is very different from building new. Materials and specialized tradespeople can be difficult to find.

difficult to find.

Coun. Shane Keating thinks the building needs to be saved from a historical perspective, but wants to make sure alternative building materials are explored.

"Sandstone at one time was considered to have a 100-year life, and I would hate to put \$34 million dollars into this building without preserving it somehow or doing something better."

Keating said there are techniques to use limestone — with

a construction lifespan of about 300 years — in a way that looks exactly like sandstone.

Coun. Druh Farrell said the money for City Hall has been allocated, and she doesn't see any other option besides pushing ahead with repairs.

"It has to happen," she said. "City Hall is in critical condition. We made a decision and found the funding — it's fully funded. The costs will just continue to go up the longer we wait."



The 2015 Rotary Dream Home was turned over to its winner, Paul Allred, on Wednesday morning. JENNIFER FRIESEN/FOR METRO

Prizewinner moves into new house

STAMPEDE LOTTERY

Paul Allred gets keys to his custom dream home



Jennifer Friesen
For Metro | Calgary

After 10 straight years of buying lottery tickets for the Calgary Stampede Rotary Dream Home, Paul Allred finally snagged his prize.

On Wednesday morning, he took over the keys and settled into a breakfast at his new \$864,000 dream home.

"I thought, I can't believe it's real," said Allred, remembering the morning he found out he won.

"Me? How could I win a house? With all the other tickets in there, they draw my ticket out? I was very, very surprised. I thought to myself, now I'm going to be

set for life."

With funds in support of the Rotary Club of Calgary South, the 2015 dream home marks their 20th anniversary. Built by Homes by Avi, the three-bedroom, three-bathroom home was designed to be a "tribute to Albertan traditions," according to Monte Kendall, the CEO of Homes by Avi.

"We always try to make it an Alberta-based home," said Kendall. "Of outdoor living, who we are and what we've grown to be."

As a modern take on the classic mountain chalet, the home features reclaimed wood accents and a sitting bench styled as a ski-lift.

But for Allred, his favourite room is the kitchen, which is filled with top-of-the-line appliances and plenty of space around the centre island.

"It's a great feeling to walk into such a nice house," he said. "Boy, it's just like winning a million dollars."

\$864K

The value of the Calgary Stampede Rotary Dream Home

It's a great feeling to walk into such a nice house. Boy, it's just like winning a million dollars.

Paul Allred

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City ghost tour haunted by spying kind of spooks

HALLOWEEN

Guide tries to keep copycats from crossing her team's path



Jennifer Friesen
For Metro | Calgary

There's nothing more petrifying than plagiarism.

With copycat ghost tours abounding on Halloween, the city's only guide has learned to keep tales close to the heart,

with a close eye on haunted hot spots for those stealing stories of Calgary's ghastly tales.

It all started about five years ago on a dark and stormy night when Johanna Lane, owner of Calgary Ghost Tours, got a call from the city about her supposed seance in a local cemetery.

The only problem — it wasn't her tour's doing.

"We would never do that, because we'd actually had permission to do tours in the

cemetery, but we weren't doing it at that time," Lane said. Eventually the rogue group, who claimed to be with Calgary Ghost Tours, was found out and slapped with a bylaw infraction.

"We became a little bit closer to the vest with our stories."

Most recently, as she was leaving her Inglewood home last Halloween, Lane stumbled on a tour she didn't recognize. It was someone her guide had seen taking notes during a previous tour, now running a ghost walk of her own.

For Lane and her guides, a lot of work goes into gathering the tales they tell. Research

and trips to the library help them establish which stories can be traced historically and which may lie more in the land of fables.

"We actually try and find out if we can find something that's happened," Lane said.

"If we can't find something that's happened we don't use the story. If we were just doing ghost

stories, we could have all of Calgary haunted."

So how do you know your tour is the real deal? Lane said they now have people sign on-

"If we can't find something that's happened we don't use the story. If we were just doing ghost stories, we could have all of Calgary haunted."

Johanna Lane



Johanna Lane stands beneath the 12 Street Bridge, where six-year-old Donny Goss was killed by Donald Stavelly in 1946. Lane said emergency services are called to the bridge every month with reports of a little boy playing beneath it. JENNIFER FRIESEN/FOR METRO

line to take their tours, and as far as she knows they are the only company offering ghost walks in Calgary.

But Lane said there's no problem with new haunts en-

tering the market — as long as they do their own research.

"If you just come out and you take a tour and you write down my stories and you go do it, that doesn't seem right,"

Lane said.

"There's a couple things in the tours, I call them Easter eggs, and that's how we tell who's done the research and who hasn't."

PEACE RIVER

Town hit as Shell axes work

The mayor and council of a northwestern Alberta town are reacting to Royal Dutch Shell's announcement that it is scrapping its Carmon Creek oilsands project.

The project is near the town of Peace River.

The council said in a statement posted on the town website that it has caused great concern as Shell helped fund several community projects.

Mayor Tom Tarpey says his first thought was for those working on the project.

The town says the cancellation will not affect upgrades to Peace Regional Airport's upgrades.

Shell cited a lack of pipelines to coastal waters as one reason for the decision to cancel the project.

The European energy giant first announced it would build the 80,000-barrel-a-day, steam-driven operation in October 2013.

But last March, the company said it would slow down the project while attempting to lower costs and improve its design.

However, the company now says the project doesn't rank in its portfolio — and one reason is the lack of infrastructure to get Canadian crude to global markets.

Peace River town council said it will be contacting federal and provincial politicians to "outline our need for greater infrastructure in the north to support industry development."

"That means pipelines but also roads, railways, bridges and market access to ensure the long-term sustainability of our industries." THE CANADIAN PRESS

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Cranston residents oppose cell tower



Residents feel they weren't given enough opportunity to voice their opinions, positive or negative, about a proposed cell tower in Cranston. FACEBOOK

TELECOMMUNICATIONS

Concerns were never listened to, critics say



Aaron Chatha
Metro | Calgary

Rogers is planning to build a cell tower in Cranston, Calgary, and community members say Rogers

hasn't given them enough opportunity to voice their concerns.

"As a community association, we were not contacted at all," said Michelle MacKenzie, president of the Cranston Community Association. "I don't think that they are required to, however, one would think that if they were interested in effectively engaging the community and getting feedback, that we would have been contacted in some form."

Jana Siller de Leon, who attended an information session hosted by Rogers on Tuesday night, said there were very few people in attendance. She said many residents indicated they did not receive communication from Rogers informing them of the session.

"My understanding is that they're obligated to notify members within, I think it's a 30-metre radius of the proposed tower," said MacKenzie, saying

she knows of some residents who received information, but others that didn't. MacKenzie said they will be contacting community members to see if they did receive the information, and how they feel about the issue. More information is available at www.cranstonca.com.

Siller de Leon said there are health concerns having the tower in the community, and she is concerned it will lower property values in the area.

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OCT THU29 FRI 30 SAT31 NOV SUN1

DINOSAURS

Researcher finds fossilized feathers

A University of Alberta dinosaur researcher was just looking for a project when he chose one fossil specimen out of others still lying around unexamined from a six-year-old dig.

But when Aaron van der Reest cracked the plaster shell protecting the 75-million-year-old specimen from southern Alberta, he got a lot more than that.

"My first thought was, 'Is this actually what I think it is?'"

Van der Reest was studying ornithomimus, a dinosaur that looked very much like an ostrich. What he found on bones connecting the leg to the breast was something never seen before on a North American fossil — feathers.

"They look like little tiny black lines," said the undergraduate in paleontology, who describes his find in a journal paper published Wednesday. "The thickest is about a half-millimetre across."

Feathered dinos have been found before but most come from China. Not only is van der Reest's sample believed to be a North American first, it's one of the best-preserved in the world and includes a patch of skin.

The fossil reveals what ornithomimus's tail plumage was like. Scientists are still studying molecules within the feathers to see if they hint at colour, but van der Reest can say they would have been fluffy, without the tiny hooks that hold the branches of modern feathers together.

As for the skin, it seems to have been mostly smooth with pores for feathers. It may have looked much like a plucked goose, he said.

He knows making such a significant find as a first-year student is something special.

"I was pretty lucky. I don't know if I've stopped smiling since."

THE CANADIAN PRESS



A painting of an ornithomimus or feathered dinosaur. HANDOUT

SUSPICIOUS DEATH

GoFundMe page set up for victim



Lucie Edwardson
Metro | Calgary

Friends and family of Amanda Antoni are remembering her as a woman who was willing to lend a helping hand whenever she could, and now they're asking she receive the same kindness.

Julie Bellamy, a friend of Antoni, created a GoFundMe page for Amanda Wednesday, asking anyone whose life was touched

by Antoni in anyway to donate money in efforts to help her family financially.

The page raised \$550 in the first four hours.

"Amanda gave so much to this world and now we have the opportunity to give back by helping to honour her memory with financial assistance to help the family," Bellamy wrote on the page.

Antoni was found dead in her home on Monday afternoon by her husband, Lee Antoni.

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UN talks fuel climate task

Each day this week, Metro is taking an in-depth look at some of the immediate items on prime minister-designate Justin Trudeau's to-do list. Today, we examine his plan to tackle climate change.

An ice floe floats on a lake in front of Solheimajokull glacier in Iceland earlier this month. Prime minister-designate Justin Trudeau, in attacking climate change, needs to bring policies and people together, as well as have binding cap requirements that make sense with respect to global objectives, according to expert Mark Jaccard. THIBAUT CAMUS/THE ASSOCIATED PRESS FILE



Michael Woods
Metro | Ottawa

A potentially generation-defining international conference in Paris begins less than a month after Justin Trudeau becomes prime minister.

The UN conference on climate change, which begins Nov. 30, will see countries try to negotiate post-2020 targets for reducing greenhouse gas emissions.

However, according to at least one climate policy expert, Trudeau won't actually have to do much there.

"Internationally, he's got it made because he's not Stephen Harper, so he will be loved," said Mark Jaccard, who is also a professor at Simon Fraser University's School of Resource and Environmental Management in Burnaby, B.C. "All he has to do is sound enthusiastic and say we'll do our part."

During the election campaign, Trudeau committed to attending the Paris climate conference and bringing the premiers with him. In his first post-election press conference last week, Trudeau said he had already spoken with a number of premiers about attending the conference, and that "Can-

ada's years of being a less-than-enthusiastic actor on the climate change file are behind us."

The hard work really begins after Paris.

Trudeau also promised to hold a first ministers' meeting within 90 days to create a "pan-Canadian framework" for combatting climate change, including national emissions reduction targets.

Jaccard, who served on the Intergovernmental Panel on

Trudeau PROMISES TRACKER

PART IV

- GENDER PARITY
- TAXATION
- REFUGEES
- CLIMATE
- INDIGENOUS WOMEN

Climate Change and on Canada's National Roundtable on the Environment and the Economy, said there's more provincial will to tackle the problem than in the past.

For example, in the era of the Kyoto Accord, then-prime minister Jean Chretien had "an antagonistic government in Alberta, an almost disinterested government in Quebec, and Saskatchewan and B.C. were not that keen," Jaccard said.

Now, Quebec has a cap-and-

trade system. Ontario says it's negotiating its way in to link with Quebec and California. B.C. has a carbon tax, and Alberta has promised more action on greenhouse gases.

"The solution now to bring everybody under the same system is to ensure that it doesn't inadvertently become a tool of redistribution," Jaccard said. "(Trudeau) will have to figure out how to mesh divergent policies, bring laggards into some kind of national system, and then start to have binding cap requirements that make sense in terms of global goals."

The Liberals would give the provinces flexibility to set their

own carbon pricing systems. Louise Comeau, Climate Action Network Canada executive director, is "cautiously optimistic" about Trudeau's approach, but said "there's a lot of detail that needs to be filled in."

"You have to have some flexibility," she said. "But there's a difference between flexibility and loopholes. We're looking really hard here to see, is he serious?"

Trudeau should go to Paris promising to review the previous government's commitment of 30 per cent reductions by 2030, Comeau said, and agree to five-year reviews of any signed agreement.

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REPORT

CF watchdog flags health care

The country's military ombudsman has found National Defence is reluctant to conduct regular health assessments on reservists because more than one-third of them have no family doctor — and if they're sick it would be the department's responsibility to care for them.

Gary Walbourne's latest report shows only four of the military's 18 field ambulance units, which are responsible for the part-time soldiers, are conducting exams, and the vast majority of them are not

properly equipped to carry out the job.

Walbourne has outlined several areas of concern, including the social-legal liability for so-called "orphan patients" with no family doctor.

"The Canadian Forces health services group's legal advisers contend that if a reservist requires follow-up care as a result of an issue discovered during a (periodic health assess-

38%

The percentage of reservists who report not having a family doctor.
THE CANADIAN PRESS

ment), the DND/CAF must refer them to a family physician," said the report. "If the member does not have a doctor, the DND/CAF should assist them in finding a physician, or a clinic, which can provide follow-up care. If a resource

cannot be found, then the DND/CAF is responsible for providing care to the member."

THE CANADIAN PRESS

Trials for black kids start early

UNITED STATES

Statistics show they are getting suspended at greater rates

Until she attended a five-year-old's birthday party, Tunette Powell was not inclined to blame her problems on the colour of her skin.

Her four-year-old JJ was suspended three times from his Nebraska preschool, twice for throwing chairs and for spitting. She didn't think it was a good idea to suspend tiny kids, but she thought it was normal.

Then, sitting in a living room last March, she got to talking with a group of white moms.

"They were shocked that my kid was being suspended. Even with the reasons," said Powell. "They said, 'Well, my kid hit

someone in the face and that kid had to go to the hospital, and all I got was a phone call.' They kept on telling me all the things their kid was doing. And at some point it was like, 'What else could there be?'"

The U.S. Department of Education released a set of figures that confirmed Powell's suspicions. Black children made up 18 per cent of the country's public preschool students but 42 per cent of the students suspended, 48 per cent of the students suspended more than once.

This week's viral video of a South Carolina police officer violently throwing a black high school student to the ground has reignited discussion of the "school-to-prison pipeline": the zero-tolerance policies, discretionary "defiance" suspensions and cops-in-schools programs and that push kids, especially black kids, into the criminal justice system. TORSTAR NEWS SERVICE

DESPERATE MEASURES

MORE MIGRANTS DIE IN TRANSIT

At least 11 people, including many children, died in five separate incidents in the eastern Aegean Sea on Wednesday as thousands continue to travel from Turkey to the Greek islands in frail boats.

The Greek Coast Guard reports that 242 people were rescued near the eastern island of Lesbos after the wooden boat they travelled in capsized, but at least three people died in the sinking.

Rescuers continue to search the rough waters for more survivors, but it's unclear how many people were on the boat when it sank.

ARIS MESSINIS/ARIS MESSINIS/
AFP/GETTY IMAGES



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Bidhya Devi Bhandari waves after being elected president of Nepal in the country's capital Kathmandu on Wednesday.

NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

A milestone for Nepal

POLITICS

Parliament elects nation's first female president

Nepalese lawmakers elected a longtime women's-rights campaigner to become the country's first female president Wednesday, as the nation pushes for more gender equality in politics and work life.

Bidhya Devi Bhandari, the 54-year-old deputy leader of Nepal's Communist Party of Nepal Unified Marxist-Leninist, had lobbied actively for the new constitution to require that either the president or vice-president be a woman.

Nepal has been trying to shift from a traditionally male-dominated society, where women are mostly limited to working at homes or on farms, to one in which women have equal access to opportunities and legal rights.

Lawmakers cheered as Bhandari's name was announced as the new president. An ally and party colleague of Prime

+ BACKGROUND

Bidhya Devi Bhandari has been a leading political figure since 1993 when her husband, Communist leader Madan Bhandari, was killed in a car accident.

Minister Khadga Prasad Oli, Bhandari had been considered the favourite for the largely ceremonial job.

Bhandari said her election — by a vote of 327-214 against Congress party leader Kul Bahadur Gurung — marked a first step toward assuring the new constitutional guarantees of equality are fulfilled. The constitution, adopted last month, also requires that one-third of the country's lawmakers be women and that women be included in all government committees.

Bhandari replaces President Ram Baran Yadav, who was elected in 2008 for a two-year term that was extended when efforts to draft a new constitution stalled over seven years.

THE ASSOCIATED PRESS

UNITED STATES

Paul Ryan to vote for bipartisan budget bill

Rep. Paul Ryan, expected to be the next U.S. House speaker, says he'll vote for a bipartisan budget bill even though he thinks the process that produced the measure "stinks."

A House vote is expected Wednesday on legislation that settles fights over defence and domestic spending and

federal borrowing until early 2017.

Ryan says the budget deal includes "meaningful reforms" to strengthen safety-net programs such as Social Security and gives the military money it needs.

Still, Ryan is unhappy with the secretive, top-level process and says he'll operate differently as speaker. THE ASSOCIATED PRESS

INFECTIOUS DISEASE

Oral sex causing genital herpes: WHO

Two-thirds of the world's population under 50 — more than 3.7 billion people — have oral herpes, according to the World Health Organization's first-ever global estimate for the prevalence of the virus.

The UN health agency adds that about 140 million people have been infected genitally by the oral herpes virus worldwide.

The findings, published Wednesday in the journal PLOS

ONE, suggest people are getting genital herpes from oral sex.

The traditional belief that herpes type 1 is above the waist and type 2 is below is changing; a 2012 study in the Canadian Journal of Infectious Diseases & Medical Microbiology found that 63 per cent of genital herpes cases analyzed were caused by the type 1 virus. Another 2003 study, also in Nova Scotia, found that herpes type 1 was the dominant virus causing

genital herpes.

"I think what's really interesting about this is it really reflects behavioural changes," said Dr. Vanessa Allen, chief of medical microbiology with Public Health Ontario.

In the Americas, around half of herpes type 1 infections in 2012 occurred between the ages of 15 and 49, perhaps because better hygiene and less-crowded living conditions are protecting more people from contracting

the virus in childhood.

This also means that more people don't have any immunity to the virus when they become sexually active, said study co-author Dr. Sami Gottlieb, a medical officer with the WHO's department of reproductive health and research.

Gottlieb hopes the new WHO study will encourage efforts to develop a vaccine to protect against both herpes type 1 and 2. TORSTAR NEWS SERVICE



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BOMBARDIER

Rumours spur lift in sagging shares

Hopes for a government bailout prompted a surge in Bombardier shares on Wednesday ahead of what is expected to be gloomy third-quarter results.

The Quebec government declined to confirm published reports suggesting that it will announce Thursday a financial contribution to bolster the embattled transportation giant's strained cash levels.

Several media reports, all citing sources, didn't specify whether the province or Quebec's biggest pension fund manager, the Caisse de depot, would buy Bombardier shares or make some other form of financial contribution.

The Quebec-based company's stock gained strength on the Toronto Stock Exchange as the trading day progressed — closing up 11 per cent in heavy trading — but still worth far less than a year ago.

Government ministers declined to comment on the re-

LITIGATION

Speculation of a possible joint venture to complete development of the C-Series comes as the Toronto Transit Commission board decided at a meeting Wednesday to sue Bombardier over late delivery of streetcars.

Bombardier spokesman Marc Laforge said the company had expected the lawsuit given the comments from TTC officials.

ports. But Quebec's two main opposition party leaders welcomed an expected government contribution — either through an equity investment or convertible debt. Bombardier employs nearly 18,000 people in the province, contributes to exports and bolsters innovation.

Earlier, analyst Benoit Poirier of Desjardins Capital Markets said he doubts the province will make an equity investment in Bombardier Inc., given the 62 per cent drop in the company's stock price this year. Poirier says he suspects the province could help Bombardier by investing \$1 billion to \$2 billion in Bombardier Transportation to avoid a planned IPO to sell a minority stake in the rail division, or by providing favourable financing to customers that buy Bombardier Aerospace C-Series planes.

THE CANADIAN PRESS

Canine costumes a lucrative business

DOGS

Four-legged social media celebs drive market growth

Wally the Welsh corgi used to get dressed up to go trick-or-treating for Halloween, often as a banana, once as a dinosaur.

But Wally, owned by Marc and Cynthia Dalangin of Wharton, N.J., doesn't go trick-or-treating anymore. Like a lot of busy dogs, he has too many other engage-

ments. And as a budding Instagram celebrity, he needs a wardrobe full of costumes to choose from.

As dogs have filled their social calendars, they've had to fill their closets too. They're not just dressing up once a year on Halloween. These days, dogs and their owners are getting invited to parties, parades, meet-ups, pumpkin patches, picnics, Christmas tree farms and many other themed outings.

As a result, canine costumes have become more than just something dogs wear once to a party. It's essential for dogs and cats who are up-and-coming social media celebrities to have a varied wardrobe. With "likes" and followers growing faster than speeding bullets, their fans want new photos all the time.

Two years ago, Wally left the banana costume behind when he underwent a lifestyle and wardrobe makeover. Now he dresses like Elvis Presley and Michael

Jackson, and has become a rising star on In-

stagram, with 63,000 followers.

Wally's transformation coincides with the pet costume industry's coming of age. And business is booming.

The National Retail Federation estimates that 20 million pet owners will dress their pets this Halloween, spending \$350 million on the costumes.

The online marketplace eBay had 1.5 million pet costumes for sale on Oct. 21 out of 800 million items listed for sale, said Zoher Kapu, vice-president of global optimization and data for eBay.

Pet costumes represent two per cent of Costume SuperCenter's sales. The company sells nothing but costumes and accessories on eBay and other sites.

"There does not seem to be a ceiling on what people are willing to spend on their pets," said Michael Esposito, the company's marketing director.

THE ASSOCIATED PRESS



ALL PHOTOS THE ASSOCIATED PRESS



FACEBOOK

CEO defends free Internet access

Facebook CEO Mark Zuckerberg defended his company's contentious efforts to expand Internet access in the developing world during his second visit to India this year.

The company's free platform offering a basic level of Internet access via Android devices has been introduced to 24 countries and has amassed about 15 million users, mostly in Africa and Asia, Zuckerberg said at a meeting Wednesday with students.

He said it could help alleviate poverty in India by providing information to the poor and contributing to development of the economy.

The platform known as Free Basics was developed in conjunction with other technology companies and has brought a mixed response from govern-

ments and analysts. Many criticize it for lacking transparency in how information is selected for the site and favouring Facebook's own services over those of competitors.

Zuckerberg rejected the criticism as a luxury of those who can afford access to the Internet. He said limiting content on the Free Basics platform was necessary, because "you cannot provide the whole Internet for free." It was initially known as Internet.org.

There are about 300 million people using the Internet in India, including 130 million using Facebook, making India the company's second-largest user base behind the United States.

But there are still about one billion Indians with no Internet access.



Facebook CEO Mark Zuckerberg interacts with technology students in a town hall-style meeting in New Delhi, India, Wednesday. SHIRISH SHETE/PRESS TRUST OF INDIA/THE ASSOCIATED PRESS

"We deeply care about serving the Indian community and giving them the best tools.

That's why I want to be here," said Zuckerberg.

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EMMA TEITEL: ON RESEARCH FATIGUE

It seems every day the news produces a study indicating our life choices will result in illness or untimely death — followed directly by a contradictory report.



"Find what you love and let it kill you" is a quote attributed to Charles Bukowski (though no one knows whether he actually said it) and a mantra recited by starving artists who pursue their passion in the face of poverty. This week though, it could be the mantra of bacon lovers.

Bacon is one of the most adored foods on the planet, but its gradual effects, according to new findings by the World Health Organization, are potentially cancer-inducing. According to WHO, which analyzed evidence linking the consumption of processed meats like bacon, hotdogs, and sausages to cancer, a "50 gram portion of processed meat eaten daily increases the risk of colorectal cancer by 18 per cent."

You might think, well big deal, bacon never had a great reputation to begin with (its image is synonymous with obesity, heart attack, and Homer Simpson) but consider this: 50 grams of processed meat isn't even close to a Homer Simpson-sized portion. In fact, 50 grams of bacon amounts to roughly only two slices — and who can honestly eat less than two slices of bacon?

Nobody. This is why the WHO findings have gone astronomically viral, inspiring doom-laden headlines at an alarming rate, some of which include: "Bacon kills?" and "Put down the hotdogs and salami." Coupled with this bacon scare is additional bad news for processed meat

lovers: Clear Food, a lab that analyzes food "at a molecular level," recently released a study indicating two per cent of the hotdogs they tested contained human DNA. (Great news: Your love of processed meat may not only kill you; it may also turn you into a cannibal).



BAD BREAKFAST? Though people may be initially put off by the idea of a plateful of carcinogens, they reportedly tend to return to their regular habits a short time after learning about damning research. EJWHITE/ISTOCK

In other uplifting public health news this month, a meat sauce sold in Ontario and Quebec grocery stores was recalled because it may contain dangerous bacteria.

It seems every day the news cycle produces a study indicating that our life choices will result in illness or untimely death — followed directly by a contradictory report or article explaining why the original study is inaccurate, overblown or misguided.

Take the recent influx of news stories about senior citizens who — contrary to the WHO finding — have lived long, happy lives chock full of bacon. According to USA Today, 116-year-old Susannah

Mushatt Jones "keeps a steady diet of bacon, eggs and grits for breakfast," and hangs a sign in her kitchen that reads "Bacon makes everything better." Processed meat won't give you cancer; it will make you immortal!

I don't know about you, but I find this public health news

are probably OK. Caulfield says it's important for people to understand the difference between "relative risk" and "absolute risk."

"Your absolute risk of ... colon cancer throughout your lifetime is four per cent to five per cent," he says. This means excessive bacon eating, according to the WHO finding, can increase your risk of cancer by "18 per cent out of four to five per cent." In those terms, "the absolute increase in risk isn't really that much," says Caulfield.

The sad thing is that even when people aren't affected by research fatigue — i.e. when they do try to change their eating habits, they rarely succeed. "There may be a momentary shift," says Caulfield, in which people eat healthier, but "after a little bit of time they regress back to their old behaviour."

For now, the bacon train seems to be chugging along just fine. Andrew Motta, owner of Toronto restaurant Bacon Nation, home of the "peanut butter bacon milkshake," says he has received no complaints from customers worried about the WHO finding. In his words: "You hear bacon is bad today and next week, it's going to be 'nine healthy reasons you should eat bacon.' You've just gotta take it with a grain of salt." Or if you're so inclined, a bucketload.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

ROSEMARY WESTWOOD

metroview

There's no shame in crying over abuse allegations at Val d'Or

You would have to be there, in Val d'Or, Que., to claim, as many have, that the town is in crisis.

But clearly it is the next flashpoint for fury over the treatment of indigenous Canadians.

The tensions mounting in Val d'Or, population 32,000, are about much more than one set of allegations of police sexually and physically abusing indigenous women.

So, too, are the tears of the provincial public safety minister, shed in response to those allegations, much more than a single show of emotion. In fact, her tears are pivotal.

Lise Theriault was asked how the claims made her feel. She hesitated. Tears welled. Her voice wavered when she answered: "As shocked as the rest of the population."

Watching her, my mind flew to a few weeks ago, when I'd walked through a memorial for missing and murdered indigenous women in Ottawa. It's set up as a semicircle, lined with rows of multicoloured moccasin uppers waiting to be sewn in, a metaphor for the unfinished lives.

The travelling exhibit (booked, incredibly, through 2019) is a kind of ceremony, and not even a tear is inconsequential. Used tissues are collected and included in a ceremonial fire. I watched my cousin — a young mother — cry and cry, overcome.

Tears help participants viscerally, physically "share

... the grieving process all the families and friends have gone through," so it feels like something real instead of a news item, says Kara Louttit, who was raised in Val d'Or and volunteers with the memorial, Walking with Our Sisters. That's what makes Theriault's moment of emotion so powerful. She didn't simply call the allegations upsetting. She actually got upset.

Of course, not all see it that way. Parti Quebecois members have called for her resignation, citing in part her "erratic" behaviour. Police officers felt betrayed. I can see why they are demanding to be presumed innocent.

But I can also see why many others presume the complainants are telling the truth.

Chastising the minister for her tears ignores the wider injustice she is responding to, the pervasive oppression of indigenous people.

Politicians cry over many things — their grandmothers, their colleagues, their own jobs. Theriault cried for an often disempowered and alienated few.

There will be an investigation — by Montreal police, with independent oversight — and officers will have the fullness of our justice system to counter the allegations.

They've always had that, plus the power offered to them as officers in the first place. Now indigenous women are wielding a new, belated power: Recognition.

So what is the truth? If you don't eat bacon every day, you are probably OK.

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MONEY DOESN'T TALK, IT SWEARS.

BOB DYLAN



Inside Garance Doré's style

MEMOIR

What blogging taught fashion insider about love, style, life

Henrietta Walmark
Metro | Canada



Style influencer and fashion blogger Garance Doré has added author to her list of accomplishments with the publication of her book, *Love Style Life* (Spiegel & Grau, \$39).

The French illustrator and photographer is the only blogger to win the Council of Fashion Designers of America Eugenia Sheppard Media Award (an award she shared with her former boyfriend Scott Schuman a.k.a. The Sartorialist). She produced a Pardon My French video series and her own line of stationery, as well as collaborating with luxury shirt brand Equipment on a capsule collection featuring her signature illustrations.

So why write a book, Metro asked Doré in a phone interview from New York City where her studio is based.

"It took me a long time to come up with the right idea of what I wanted to do because the blog is such a great way to express yourself. It's not like I was in need of more self expression," says Doré, laughing. "But the idea of a book is that it's a wonderful self-contained object."

The book is gorgeous. Compact and bound in a soft embossed cover the colour of ballet slippers, *Love Style Life* feels as intimate as a personal notebook. Like Doré's eponymous blog, the memoir is packed with her street photography, distinctive script and illustrations and candid storytelling.

Describing her blog as an ongoing story where it's often hard to see the big picture, she says: "With a book you can be much more clear about your message and what you want to say. That's why I wanted to do a book."

Doré built her message into the structure



Garance Doré's *Love Style Life* (top left) includes her illustrations and photos from her life (top right). CONTRIBUTED

BOOK TOUR

- Montreal: Nov. 9
 - Toronto: Nov. 10
- More details at lovestylelife.com.

PARISIAN OR NEW YORKER?

We asked Doré what about her is typically French. "I'm very frank," she says. "I say things ... In America, people are actually more scared of their feelings and emotions."

Then we asked what is most American about her.

"My boyfriend," Doré says, laughing. "Oh my god, there are so many things. First, I say 'oh my god' all the time. My most American thing I do is drink my coffee from a (take-out) cup. That's very American."

ERIK MELVING/GARANCE DORÉ STUDIO

of *Love Style Life*. She wanted to talk about style not only because her quest for style brought her to where she is today, but also because of what she learned during a decade of blogging.

"What I love about the people that inspire me to take their photo I realized, is it's not so much about the clothing that they wear. It's that the

clothes are an expression of who they are," she says. "That is real style."

The book is divided into five sections: Doré describes Style as the exterior, Métier as career, Beauty as our intimate relationship with ourselves, Elegance as how to be in the world, and, finally, there is Love.

"If you look at the structure," she says, "it's from the outside

to the inside. That's a journey that I've been through and style is the sum of all that."

Doré hopes readers will get to see her in a different light through the book. "To be very honest," she says, "there are some subjects I don't really touch on the blog because of the nature of the Internet, and I go into that world." She reveals the arc of her high-profile

relationship with fellow blogger Schuman, and much more about her personal life, from teenage loves to a serious romance with a woman.

"I'm trying to share and to be inspiring because when I was young I couldn't find people that inspired me to be myself," says Doré, "(people) that didn't do the things they were supposed to do, but it was still OK."

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Sue Carter
For Metro Canada



One night, if the 1692 court confession is to be believed, Ann Foster and Martha Carrier flew through the Massachusetts sky on a pole. Earlier the same year, two young girls, who claimed they were bitten and pinched by “invisible agents,” were witnessed convulsing and speaking gibberish. After relentless interrogation, their family’s slave admitted to practicing witchcraft on the children, at the request of a satanic man who appeared under the guise of several animals.

As we prepare for this weekend’s invasion of adorable ghosts and goblins, it’s hard to imagine that a little more than 300 years ago the fear of witches would lead to these incredible stories and to widespread terror in the Puritan New England colony. Within just a few months, 14 women, five men and two dogs — thought to be their diabolical accomplices — would be executed in what has become one of the most famous but misunderstood trials in American history.

The unfortunate mélange of circumstances that led up to the trials is the subject of celebrated Pulitzer Prize-winning historical biographer Stacy Schiff’s fascinating new book, *The Witches: Salem, 1692*, published by Little Brown. Schiff — whose last book, *Cleopatra: A Life*, analyzed the life of the last queen of Egypt — researched court documents, archives and personal correspondences in hopes of contextualizing the circumstances that led to the roller-coasting hysteria and accusations of the Salem witch trials.

These days, the only witches residing in the Massachusetts town are related to tourist attractions, but Schiff says that growing up in the state made its history hard to escape. She remembers reading Arthur Miller’s play, *The Crucible*, and the work of Salem native Nathaniel Hawthorne, but was really drawn to the story as a captivating historical moment.

“This is the locked-room drama that I wasn’t certain we had ever entirely unpacked, and at the same time it was a moment where women played a prominent role,” she says. “I had just come off of *Cleopatra* and thinking still about women’s voices, and when women are able to articulate what they think.”

Schiff believes the strain of the rigid Puritan religion, combined with widespread poverty and political uncertainty, and residual trauma from the Indian

War, led to the villagers — mostly women — turning on each other. The trials also followed one of the most brutal winters on record, which Schiff speculates contributed to the atmosphere. “I do think that being indoors for those long periods of time — especially for women — plays a role certainly in what you begin to see and how you begin to feel,” Schiff says.

In many ways, the trials serve

as a warning for our hyper-vigilant online culture. Schiff observed connections between the accusations and contemporary social media, where a single tweet or anonymous comment can go viral and destroy a person’s reputation. “If there’s one thing that I hope the reader comes away with, it’s a sense of how important open-mindedness and humility about ideas and mercy are,” she says.



66

This is the locked-room drama that I wasn’t certain we had ever entirely unpacked.

Author Stacy Schiff

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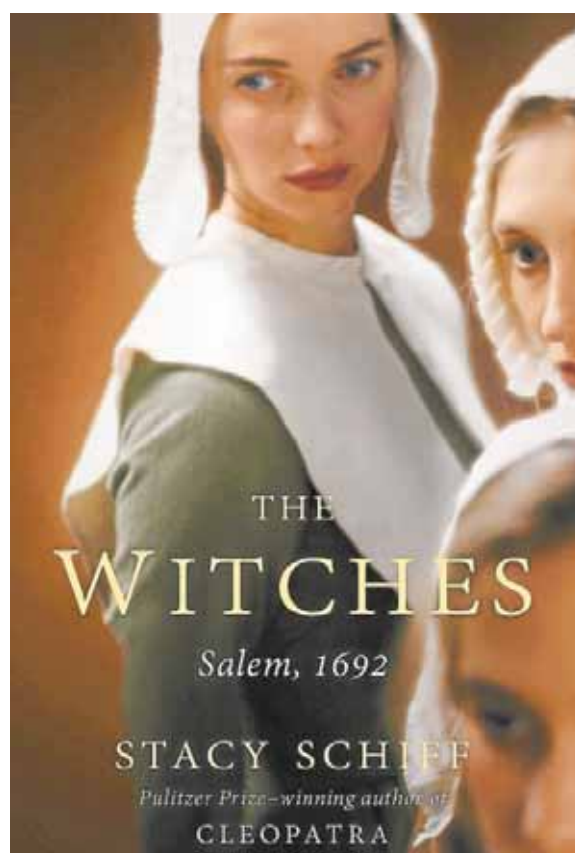
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4 CELEB POP-CULTURE BOOKS

While high-brow books like Garth Risk Hallberg's *City Of Fire* are worth carving out time for, sometimes you just want to curl up with a light read. Here are four books about pop icons out this month. **EMILY LAURENCE/METRO**

1 Wildflower by Drew Barrymore

"For some reason I had to write this book. I have become more private every year, and yet these stories were beating on the door of my heart screaming, 'let me out,'" Drew Barrymore says in her new memoir *Wildflower*. In it, she gives an honest look at her childhood and complicated relationship with her father, and also highlights some of her worst talk show blunders. One thing's for sure, she didn't hold back while writing this one.



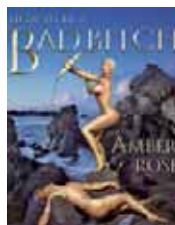
2 Strong Is The New Sexy by Nicole Polizzi

Nicole "Snooki" Polizzi went from the crazy drunk party girl we all loved on *Jersey Shore* to a healthy, happy, married mother. If you're a wild child looking to settle down, you'll enjoy Polizzi's tips on everything from working out to locking it down with your S.O. Taking life advice from Snooki? How times have changed.



3 How To Be A Bad Bitch by Amber Rose

Amber Rose's definition of "bad bitch" is "a self-respecting, strong female who has everything together." The model and actress offers tips on how to do it all in this book, while telling her life story, starting from growing up in a rough side of Philly. Also included are tons of never-before-seen photos from her life in and out of the spotlight.



4 Kim by Sean Smith

Cosmopolitan recently dubbed the Kardashian-Jenner clan "America's First Family" and at its center is Kim, not just a person but a multi-million dollar franchise queen. Celebrity biographer Sean Smith takes readers through Kim's life and includes some little-known facts. It takes fans truly behind-the-scenes, even more so than the celebrity's infamous E! reality show.



Erika Christensen stars along side *Gossip Girl*'s Ed Westwick in *Wicked City*. **ERIC MCCANDLESS/ABC**

WICKED CITY

Star talks love and murder in '80s L.A.

Ned Ehrbar

Metro | Hollywood



The new TV drama *Wicked City* is aptly named: set in the anything-goes club scene in L.A. in the early '80s, the show follows the exploits of a serial killer (played by Ed Westwick of *Gossip Girl*) and the cop (played by Jeremy Sisto of *Suburgatory*) trying to track him down. But Westwick's Kent isn't just some sick loner — he gets involved with a lonely single mother, played by Erika Christensen (most recently of *Parenthood*). As to what could suck someone in to such a monster, well, Christensen says it's complicated.

"She's on such a ride from the moment she meets Kent. She's just in, hook, line and sinker, but she doesn't know where she's going. I think that she's going to learn a lot about herself," she explains.

It seems hard to believe she could be so oblivious to the actions of her paramour, and Chris-

tensen says she may eventually work out what Kent's up to. "I think she has to at some point, and I don't know how much she learns, how fast, and how on board she's going to be with it. But we have to start from the place of knowing that she is madly in love with this person," she explains.

And Kent is pretty good at getting people to like him. "He's everything she's ever wanted in a man. He makes her feel comfortable in her own skin. He makes her feel sexy and wanted and he offers an excitement that she doesn't have in her life. She's an abused person. She's not been treated well. And so for someone to be a kind of Prince Charming for her, she's going to follow him wherever he goes."

It's certainly a pretty drastic shift in tone from the world of *Parenthood*, and Christensen jokes that she's a little concerned about her fans. "Listen, I've been trying to warn them that this is not the same thing, but it should be a whole different kind of fun."

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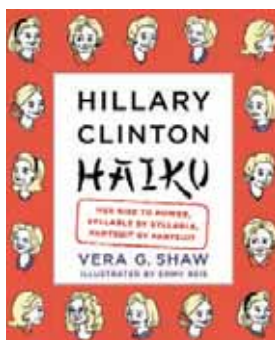
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BOOK EXCERPT HILLARY CLINTON HAIKU BY VERA G. SHAW



Love her or hate her, Hillary Clinton sparks a lot of debate. And apparently, the presidential hopeful also inspires poetry. Writer Vera G. Shaw — who ironically lives in Clinton Hill, Brooklyn — is releasing a new book, *Hillary Clinton Haiku*, and we're giving you a look here. From lines about her pantsuits to just living her best life, these short poems are sure to make you chuckle, or smirk, depending on your political views. Take a look at these six Hillary haikus:

FROM THE BOOK *HILLARY CLINTON HAIKU*; HER RISE TO POWER, SYLLABLE BY SYLLABLE, PANTSUIT BY PANTSUIT. COPYRIGHT (C) 2015 BY VERA G. SHAW. REPRINTED BY PERMISSION OF TWELVE/HACHETTE BOOK GROUP, NEW YORK, NY. ALL RIGHTS RESERVED.

'Pantsuited and brave'

A Modest Proposal

The Lake District at twilight finds Bill asking Hill to be his wife. "Nah."

Glass Ceiling Grievance

O, Oval Office!
My term yet? Let my hubby retire to his sax

A Glimpse of New York's New Senator

What solid cankle peeks beneath yonder pant? It is hers. Hillary's.

Candidate Hillary

Campaigns are long; wins, fleeting. Pantsuited and brave, Hill, she ain't leaving!

"I'm in. And I'm in to Win."

Finally my turn!
I'll toss in 14 million.
No biggie. I'm in!

She Announces... Finally

I'm running for prez!
Should I have kept those thirty thousand ditched e-mails?



BOOK BRIEF

Guy Vanderhaeghe wins 3rd GG's Literary Award

Saskatoon author Guy Vanderhaeghe has won his third Governor General's Literary Award.

Vanderhaeghe won the latest honour, worth \$25,000, for his book *Daddy Lenin and Other Stories* (McClelland & Stewart/Penguin Random House Canada).

It's a collection of nine stories, with characters including an actor who likes to hide behind his roles, and a middle-aged man who reunites with a former professor.

"Guy Vanderhaeghe's *Daddy Lenin and Other Stories* is the work of an assured writer who needs no pyrotechnics to keep us reading," said the judging committee in a statement. "Each story is superbly crafted, razor-sharp, wickedly funny."

Vanderhaeghe previously won the fiction award in 1982, for his short story collection *Man Descending*, and in 1996 for his novel *The Englishman's Boy*.

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RELEASE

Charlotte Rae shares the facts of her life in memoir

In *The Facts of Life*, Charlotte Rae played the unflappable Mrs. Garrett, a girls' school house-mother who smoothly guided her charges through crises and comedy.

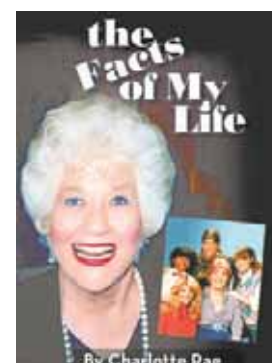
Rae says she implored the TV show's producers to let her character "lose her temper, yell at the kids. Let her be a human being."

They declined. But as Rae, 89, recounts in her new autobiography, her own life bore little resemblance to the sitcom-grade serenity of Edna Garrett's, instead marked by challenges that included son Andy's autism and her husband's late-in-life disclosure that he was bisexual and wanted an open marriage.

The Facts of My Life paints Rae as a woman determined to face the world with grace and humour, come what may, and one dedicated to her family, friends and a career that stretched from 1950s TV to Broadway.

That's partly why she decided to do the book, to bolster others tackling their own difficulties and dreams, Rae said.

And because her other son, Larry Strauss, a writer and teacher, said she should.



"He said, 'Ma, I think it's time we did your memoir. You talk to me and I'll do it,'" she recalled.

"He was very sensitive to what I was talking about and wonderful (writing about) his brother, very sensitive and beautiful."

The book, is set to be published by BearManor Media on Nov. 1.

Rae also appeared in movies, with her latest role this year in the Meryl Streep-starring *Ricki and the Flash*. On Broadway, she earned two Tony nominations in the '60s for *Pickwick* and *Morning, Noon and Night*.

THE ASSOCIATED PRESS

BOOK BRIEF



Reese Witherspoon CONTRIBUTED

Witherspoon, Dearn team up with Wild writer again

After the success of *Wild*, Reese Witherspoon and Laura Dern are teaming up on another Cheryl Strayed project that will bring a collection of short stories to the small screen.

The drama series will be based on Strayed's 2012 bestseller *Tiny Beautiful Things*, a collection of essays and advice columns she wrote as *Dear Sugar*, the online columnist at *The Rumpus*.

Strayed and her husband filmmaker Brian Lindstrom will write the TV adaptation for HBO with Witherspoon and Dern will executive producing, reports *Deadline*. AFP

GOSSIP THE LATEST IN CELEBRITY COUPLING OR UNCOUPLING NEWS

Emma and Andrew for never

I guess Emma Stone and Andrew Garfield really are never, ever, ever getting back together. Hollywood's coolest couple, who have been "on a break" for most of the year, have



apparently officially broken up. Like, a couple of months ago. How do we know this? Because Garfield, who is filming in Sydney, was spotted by a fan leaving a bar with a mystery woman on his arm.



When the fan shouted, "Where's Emma Stone?" Garfield apparently responded, "We're not together anymore," according to KIIS FM. I'll understand if you need a minute.

NED EHRBAR/METRO HOLLYWOOD

Shelton wants you to know it's all good

Good news, folks. Blake Shelton is



totally fine with people making jokes about his divorce from Miranda Lambert. In fact, he's totally ready

for them. "This year's going to be awkward at the CMAs, speaking of jokes," he told Seth Meyers. "There's got to be one about me and Miranda. Brad Paisley is not doing his job if he doesn't look down there and go, 'Ha ha!' ... We've had conversations like, 'OK dude, I'll sit there and let you kick me in the face a few times.'" I might actually watch the CMAs. NED EHRBAR/METRO HOLLYWOOD

FASHION

Marc Jacobs' party pinch

According to the New York Post, fashion designer Marc Jacobs hosted a "wild orgy" over the weekend with invitations sent out to ten or so young men via Grindr, a gay hook-up and dating app.

"A source who claimed to have attended the all-male flesh bacchanal told us Jacobs sent guests a shirtless shot, seemingly posing in a walk-in closet, showing his washboard abs — plus two more pics with no pants from the side and back," the Post wrote. According to this source, "Everyone was in their 20s," and attendees allegedly "were using drugs 'G,' for club



INSTAGRAM

drug GHB, and 'Tina,' a form of crystal meth." Jacobs himself responded to reports of his hosting a "wild orgy" on Instagram: "Goodbye (for now) Grindr! It was fun for 'group' get-togethers, but what really excites me is my work!" MATT LEE/METRO NEW YORK

HORROR

The Conjuring of a lawsuit

The family that lives in the Rhode Island farmhouse depicted in The Conjuring are now suing Warner Bros. because the attention the movie has brought them has made life less than awesome. "The biggest fear is that every day we live with the fact that we don't know what may happen," Norma Sutcliffe tells CBS This Morning. "We've had harassing phone calls in the middle of the night. They've had discussions about destroying the house because it's so full of evil. It's a violation of our privacy, but they think they have the



CONTRIBUTED

right to do it." Sutcliffe and her husband are seeking monetary damages and a state-of-the-art security system. Fine, but can we talk a sec about how awesome The Conjuring was?

NED EHRBAR/METRO HOLLYWOOD

Khloe kind of mad at People

DIVORCE FILING

It's still unclear whether Odom and Kardashian are back together

So there's this new interview with Khloe Kardashian in People magazine where she basically says that even though she and Lamar Odom have called off their divorce, it doesn't mean they're actually back together. Except Kardashian herself takes issue with it since most of the interview happened before Odom's collapse, despite how the story is presented.

"My people cover, I shot and interviewed for prior to all the events that happened," she clarified on Twitter. "I had to do a follow-up five-minute phone after the events only because I was contracted to. I canceled my book tour to avoid this attention." Huh. It's not like a Kardashian to avoid attention. So what was it the magazine printed that she take such issue with?

Probably this: "It's out in the media that we are back together, but I wish people understood that's not in our thought process right now. There are

too many other important things, too many medical things. It's not even in our brains thinking about us as a couple or having a relationship right now."

Still, Kardashian and Odom have filed a court petition dismissing a divorce filing. "I pulled back on the divorce because there is no rush for it," she told the magazine. "For medical decisions and a ton of other things, it's just smarter that it's put on hold. But that does not mean I'm back with Lamar... Only time will tell."

According to search warrant records, Odom is believed to have overdosed on cocaine and other drugs before he was found unconscious at the Love Ranch brothel in Crystal, Nevada. He was hospitalized in Las Vegas and transferred to Los Angeles, where his family said on Oct. 22 that he was undergoing therapy and showing improvement.

Kardashian said Odom has a long road to recovery. "Every hour is different," she said. "It goes up and it goes down. Things are progressing, but it's a very serious situation."

A clerk granted an Oct. 21 request to dismiss their divorce filing from December 2013 in such a way that the divorce papers can be filed again at a later date.

"I love Lamar, and I'll



Khloe Kardashian GETTY IMAGES

always be there for him like I promised," Kardashian said.

Authorities haven't ruled out the possibility of taking action against the brothel or Odom.

Odom's one-month courtship of Kardashian before their 2009 wedding was taped for the E! network, and Odom appeared on nearly two dozen episodes of Keeping up With the Kardashians as well as other family spin-offs, including their Khloe & Lamar show in 2011 and 2012. NED EHRBAR/METRO HOLLYWOOD WITH FILES FROM THE ASSOCIATED PRESS

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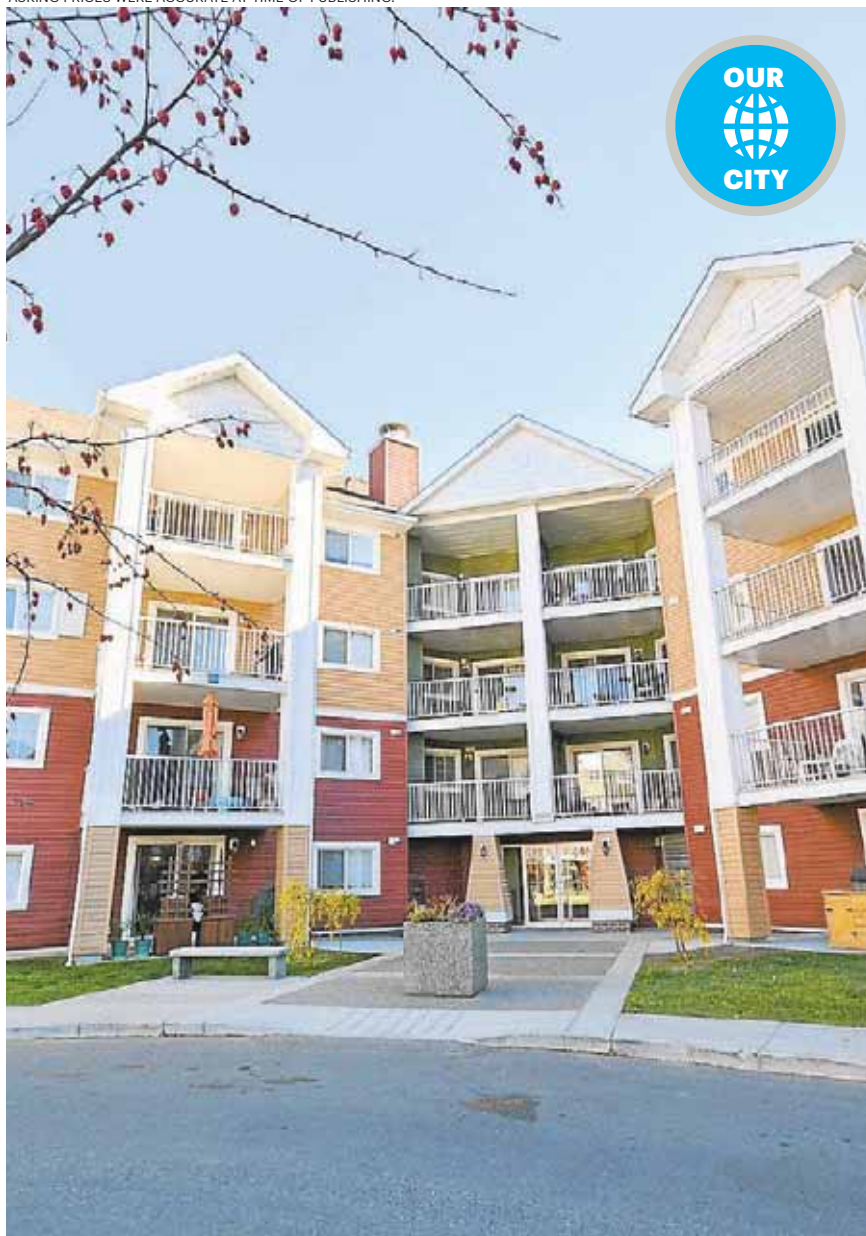
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What they're asking

Two-bedroom condominium suites offer homeowners a decent amount of living space with the convenience of condo living. These featured resale residences are ready to move in, and vary in price according to location, size and finishes. **Duncan McAllister** FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.



\$232,000

Calgary

Here's a two-bedroom condo that's located at 10 Prestwick Bay SE on the third floor. This very bright and open suite offers a good-sized kitchen with lots of counter space and a nook area. There is a spacious living room that features patio doors that lead to the deck, a four-piece bathroom and en-suite laundry. The master bedroom offers a full en suite and an underground parking stall is included. Tim Lind and Richard Fleming are sales representatives for RE/Max Real Estate Mountainview, 403-333-0837.



\$475,000

Vancouver

This two-bedroom, two-bathroom unit is located in the highly desirable Bosa building in the Brentwood Park area in Burnaby. There's an open kitchen with stainless steel appliances, and a gas stove with convection oven; colour scheme by interior designer Cristina Oberti for the kitchen; and spa-like bathroom fixtures. The bedrooms feature thermally-insulated blackout shades, and a water purification tap. Listing agent is Keith Roy with RE/Max Select on Main Street, 604-210-2933.



\$799,800

Toronto

This elegant two-bedroom unit is located in the highly desirable Yonge and Eglinton neighbourhood, soon to be serviced by the new Eglinton Crosstown LRT. This quiet corner suite has 1,427 sq. ft. of living space and a balcony. There's a large dining and living area with crown moldings. The master bedroom has three large closets and a five-piece en suite. The unit includes two parking spots and a locker. Listing agent Ira Jelinek is with Harvey Kalles Real Estate Brokerage, 416-464-1022.



\$399,900

Ottawa

Here's a modified two-bedroom, two-bathroom unit located on the quiet and bright east side of this Domicile building. Built in 2013, the condo is on the border of Wellington West and Hintonburg. The suite features modern finishes throughout with additional built-in storage, and includes an underground parking space and storage locker. The building has a well-equipped gym and a guest suite. Kerry Millican is a sales representative with Royal LePage Team Realty, 613-729-9090.



\$869,900

Halifax

This 2,167-sq.-ft. condo in Bedford has plenty of upgrades. Listing agent Cheryl Jenkins says this unit has the best view at the Dockside Condominiums with the panoramic harbour, bridges and marina vistas. The condo features a top-floor lifestyle with an open-concept layout and hardwood floors. The kitchen has a walk-in pantry and the master bedroom has a walk-in closet and en suite with a soaker tub and two sinks. Jenkins is with Keller Williams Select Realty, 902-403-6655.



\$319,900

Winnipeg

This 1,172-sq.-ft., rarely available, two-bedroom, two-bathroom suite features an open-concept living and dining room with space for a large family table, which leads to a fully enclosed, east-facing balcony. The kitchen includes all appliances, and the master bedroom has a large walk-in closet and four-piece en suite. Condo amenities include a common room with pool table and a large park-like outdoor space. Chad Friesen is a sales representative with Ethos Realty Inc., 204-888-3393.



\$975,000

Edmonton

Here's a luxury two-bedroom penthouse in Meridian Plaza. The unit features 1,636 sq. ft. of living space, two bathrooms, two underground parking stalls, and hand-scraped walnut hardwood flooring. The kitchen features a huge island and a one-slab granite countertop. There are two fireplaces, and a hot tub on one of the two balconies. The large master suite features a spa-like en suite including a walk-in closet. Brent MacIntosh is a sales representative with RE/Max River City, 780-920-0384.

Farmhouse-style living

Project overview

Avi Urban is proud to present Jackson, an exciting new development in southeast Calgary. Blending urban-style living with contemporary architecture, the neighbourhood of Walden is the perfect fit for these luxurious three-storey townhomes.

Housing amenities

With warm wood siding and brightly coloured doors, each Jackson home is reminiscent of farmhouse-style living. Lots of light, ample storage space and intimate patios enable residents to enjoy living in Walden to the fullest.

Location and transit

Easy access to Deerfoot Trail and Highway 201 makes Walden the ideal neighbourhood for quick commuters. Jackson is in the midst of a natural web of walking and biking trails, and transit users have easy access to new bus routes and the expanding LRT system.

In the neighbourhood

Jackson owners don't have far to travel for retail and restaurants with the new Walden Gate village centre. Surrounded by scenic wetlands and ponds, Jackson is also near recreation centres, schools and other natural areas like Fish Creek Provincial Park. ANNA BROOKS/FOR METRO

+ NEED TO KNOW

What: Jackson at Walden
Builder: Avi Urban
Developer: Avi Urban
Community: Walden
Building: Three-storey townhomes
Sizes: From 1,150 sq. ft. to 1,450 sq. ft.
Pricing: Starting from the \$300,000s
Model: Two- to three-bedroom floorplans
Status: Now available for purchase
Sales centre: 283 Walden Dr. SE
Email: jackson@homesbyavi.com
Website: aviurban.com

JACKSON AT WALDEN



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REAL ESTATE

Hot on the market



ANNA BROOKS/FOR METRO

1 BELTLINE

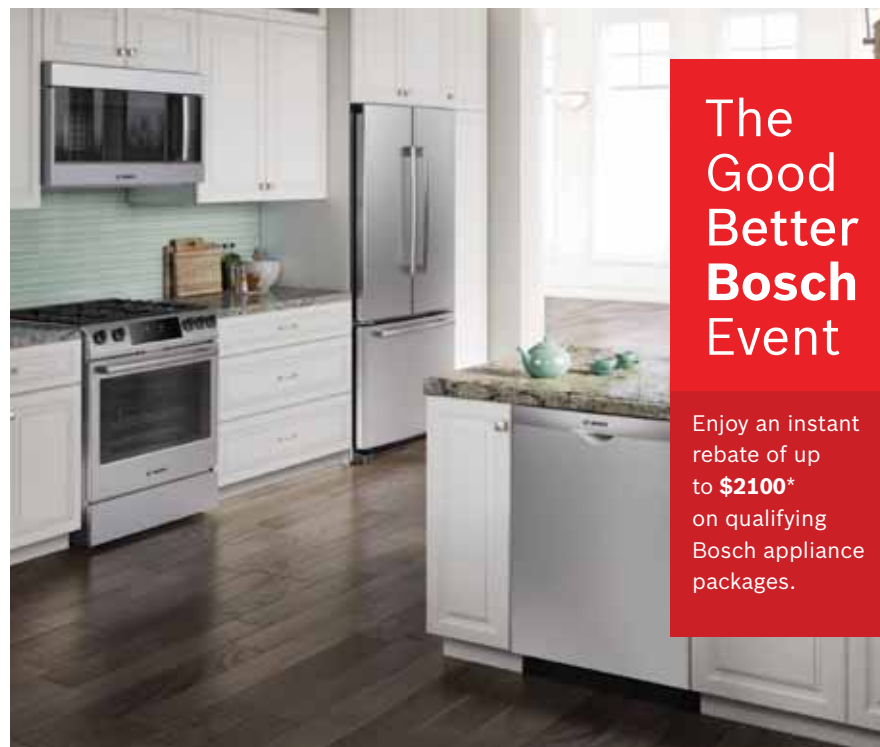
Groundbreaking: The much-anticipated \$100-million PARK POINT by developer Qualex-Landmark recently broke ground in the Beltline. Now selling, visit the discovery centre at 301 11 Ave. SW or call 403-244-2428 for more information.

2 BELTLINE

Open house: Check out this colourful new boutique building just blocks away from Calgary's bustling 17 Avenue. An open house is being held Nov. 1 at #304 1029 15 Ave. SW from 1 to 5 p.m.

3 SUNNYSIDE

Viewings: Visit Calgary Lofts' Sunnyside property, a rare find in one of Calgary's most desired neighbourhoods. Located at #10 906 4 Ave. NW, viewings are scheduled by calling 403-264-8086. For more information, visit calgarylofts.com.



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Apps to keep your business flowing

TECH

Download these options to keep you on track, on time and on budget

Marc Saltzman

While today's smartphones have evolved into digital Swiss Army Knives — capable of messaging and surfing, music and games, pictures and video, GPS navigation, and more — it's apps that truly customize the user experience.

This is especially true for small- to medium-sized businesses in need of apps to help remain productive — even while travelling in another city or country.

Not only are there hundreds of thousands to download from Apple's App Store and Google Play for Android devices, but many of them are free or close to it. Here's a look at a few notable suggestions.

Dually noted

Got a million-dollar idea? Come up with the perfect sales pitch for

a finicky client? Envision what the new store extension should look like? Type, sketch or speak inside of Evernote (free for all major platforms) and all of your notes will be synchronized with your PC or Mac for safe keeping.

Dubbed "the workspace for your life's work," Evernote lets you drag and drop web pages, photos and audio clips onto your digital canvas to flesh out your ideas. You can even take a picture of book or magazine text and have it converted into text, making it a convenient solution for saving content and even searchable by keyword. Evernote works with many other apps, too, such as DocuSign, Scanner Pro and Sunrise Calendar.

Remote possibilities

Available for multiple mobile and desktop platforms, Splashtop Remote lets you log in to another computer wirelessly from your smartphone, tablet or computer, to see and control the remote PC or Mac as if you were sitting in front of it. It's not the first solution to do this, mind you, but Splashtop does one better by letting you stream full-motion video and audio from your computer to the smartphone or tablet (those bored in a hotel room can log into

their work or home computer to stream TV shows). Encrypted for added security, Splashtop Remote also lets you access your desktop's web browser to surf to sites with Flash — something that's not as easy on iOS devices. Use Splashtop for free on the same network or pay \$16.99/year for the iPad and iPhone versions.

Offsite done right

Create one central and secure place to hold all your "stuff" and access it all on multiple devices — this is the idea behind Dropbox (free; for all major platforms), the popular cloud solution for storing, accessing and sharing your documents while on the go. Once you log into your account — from virtually any Internet-connected device over cellular or Wi-Fi connectivity — open, edit and save documents as if they were stored locally. Similarly, instead of clogging someone's inbox with a huge file, send them a link to access what they need. Have some downtime? You can even stream music and movies right from Dropbox. The basic (2GB) account is free, but you can upgrade to 1 terabyte (TB) for \$11.99/month or \$119/year.

Speak up

Parlez-vous Francais? Hablas Es-

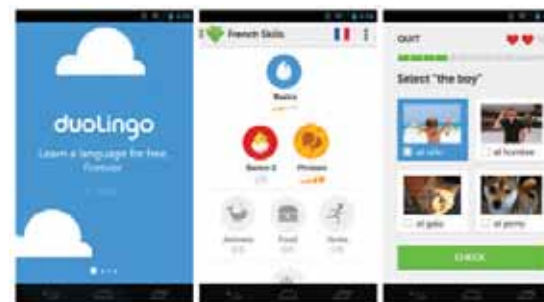
panol? Sprechen Sie Deutsch? A must-have for global jetsetters, Duolingo is a free download (iOS, Android, Windows) that helps you tackle languages including French, Spanish, German, Italian, English, and many others.

With accessible bite-sized lessons, you'll start off matching words with pictures, hearing what they sound like and saying words into your phone or tablet. Duolingo also rewards you with XP (experience) points and hearts, adding a fun and motivational "gamification" element.

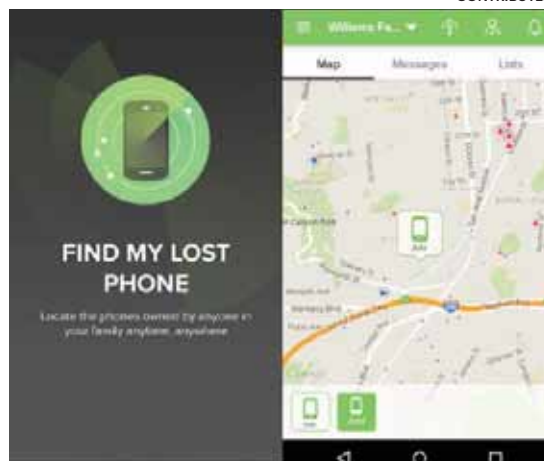
To serve and protect

It's crucial to set up a remote wipe for your phone — just in case it's lost or stolen — to prevent your information falling into the wrong hands. Free apps such as Find My iPhone (iOS), Android Device Manager (Android), BlackBerry Protect (BlackBerry) and Find My Phone (Windows Phone) let you remotely lock your device, display a message ("Please call me for a reward"), wipe the data clean, and/or track it on a map.

While these apps work, there's a catch: All four require you to set it up ahead of time. There's also smart third-party solutions that can track n' wipe, including Symantec's Norton Security.



CONTRIBUTED



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Save cash when travelling using your mobile device

When travelling for work or play, you no doubt have your smartphone along for the ride.

After all, your pocket-sized companion helps keep you organized, connected, productive and entertained while on the go. A mobile phone is also your GPS navigation device, camera and activity tracker.

Problem is, you're probably afraid to use your phone outside of Canada — for calls, texts and data (email, web browsing) — especially given the horror stories of travellers coming home to an astronomical wireless bill. As long as you take heed to these following tips, you won't need to suffer from "phone bill phobia."

Contact your carrier

Look into a smart travel plan before you go. You might be surprised how affordable these new plans are. Rogers, for example, now offers a \$5/day unlimited talk, text and data plan for U.S. visitors. Smaller players like Wind also offers aggressive packages, such as unlimited data, text and up to 2,400 minutes of Canada-U.S.-wide talk for \$15/month. Tell your carrier where you're going and push for the best rate possible, based on how long you need it and whether you need talk, text or data (or all of the above).



Don't be afraid to use your cellphone when travelling — just learn how. SHUTTERSTOCK

Seek free Wi-Fi

Use free Wi-Fi hotspots — found in coffee shops, hotel lobbies and airports — instead of cellular connectivity. You can upload pics to social media, read email and browse the web — but resist tasks like online banking or shopping until you're on a secure connection back at home. Pro tip: You can also use Wi-Fi to make free phone calls; free apps like Magic-App (for iOS and Android) let you make unlimited local and long distance calls to U.S. and Canadian landlines and mobile phones.

Disable "push" mail, apps

If you don't want to turn off "data

roaming" altogether (found in the Options/Settings section of your phone), you should at least disable your email's "push" feature.

"Push" refers to pushing email to your device when it arrives in your inbox instead of you manually "pulling" it down from the server. iPhone users can turn off "Fetch New Data" in the Mail, Contacts, Calendars settings, while Android users can disable the "Sync" option in the mail app's settings. Similarly, temporarily disable push notifications for apps that support it, such as live sports scores and news headlines, as it also eats up data.

Consider text, IM

If you want to stay in touch while on the go, use text messaging or instant messaging — BBM, WhatsApp, Kik, Skype, iMessage, Google Hangouts, Viber or Facebook Messenger — as opposed to making a voice call over cellular. Why? It's a lot quicker and cheaper.

After all, there's a lot less "small talk" when chatting via typed words opposed to a phone call. Also, remember that all incoming texts are free, so don't stress if you receive one while out of Canada — just don't reply if you don't want to be charged by your carrier.

MARC SALTZMAN

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Flames fall in shootout

NHL

Calgary forces OT but Ottawa takes 2 points

Mika Zibanejad scored the shootout winner as the Ottawa Senators won their first game on home ice Wednesday night by edging the Calgary Flames 5-4.

Zack Smith, Bobby Ryan, Kyle Turris and Jean-Gabriel Pageau scored in regulation for the Senators (4-3-2), who snapped a four-game losing streak. Craig Anderson made 34 saves.

WEDNESDAY In Ottawa

5 SENATORS **4** FLAMES

Dougie Hamilton, Joe Colborne, Kris Russell and Sam Bennett scored for the Flames (2-7-0), who have now lost three straight. Jonas Hiller allowed four goals on 18 shots before leaving the game in the third with an injury. Joni Ortio stopped all five shots he faced in relief.

Hiller was run into by Ryan in a crazy third period that featured five goals and two lead changes.

Trailing 2-1 to start the third, Calgary regained the lead scoring twice in a span of 57 seconds to quiet the crowd of 16,923 at Canadian Tire Cen-



Senators defenceman Jared Cowen, left, and Flames centre Joe Colborne jostle after a whistle on Wednesday night in Ottawa.

ADRIAN WYLD/THE CANADIAN PRESS

tre. Colborne got a stick on a loose puck to tie the game and less than a minute later, Russell scored to make it 3-2.

The Senators came right back and scored two of their own in 17 seconds with Turris tying the game 3-3 after

beating Hiller from in close. Pageau scored in a similar fashion right after as Ottawa took a 4-3 lead. Bennett equalized the game at the 12-minute mark.

For the seventh-straight game the Sens gave up the first goal of the game.

Hamilton received a pass from Jiri Hudler and beat Anderson high glove side at 4:15 of the second.

Smith took the puck from inside his own blue line, deked Kris Russell and beat Hiller far side to tie the game 1-1. It

was only Ottawa's ninth shot of the game.

Ryan, with his first goal in regulation, gave the Senators a 2-1 lead at 19:46 of the second. Ryan saw Turris behind the net, called for the puck and slid it under Hiller. THE CANADIAN PRESS

CFL IN BRIEF

Former Winnipeg running back signs with Edmonton

The Edmonton Eskimos have signed international running back Nic Grigsby.

Grigsby rushed for 890 yards and nine touchdowns last year in his rookie season with Winnipeg and Hamilton. He helped the Tiger-Cats advance to the 2014 Grey Cup by rushing for 93 yards and two touchdowns in Hamilton's 40-24 win over Montreal in the CFL East final.

He struggled through injuries this season, recording 59 yards on 10 carries and 16 yards on three receptions, before being released by the Ticats.

Prior to the CFL, Grigsby spent time in the NFL with the Miami Dolphins, Oakland Raiders and Tampa Bay Buccaneers.

THE CANADIAN PRESS

Stampeders' Hughes out with broken hand

Calgary Stampeders defensive end Charleston Hughes has a broken hand and will miss at least the final two games of the CFL's regular season.

The football club announced the injury Wednesday on Twitter. Hughes ranks second on the team in sacks with 10 behind Freddie Bishop III, who has 11.

The Stampeders (12-4) need to win their last two games and for Edmonton Eskimos (13-4) to lose Sunday to Montreal to claim first place and the division final. THE CANADIAN PRESS

MLB

Cueto tosses gem as Royals go up 2-0

Johnny Cueto pitched a two-hitter, Eric Hosmer drove in two more runs and the Kansas City Royals beat the New York Mets 7-1 Wednesday night to take a 2-0 lead in the World Series.

Cueto struck out four, walked three and reinforced why the Royals got the dreaded ace from Cincinnati in late July. The crowd at Kauffman Stadium fed off the excitable righty, standing and chanting his name.

WORLD SERIES Game 2

7 ROYALS **1** METS

Nineteen hours after his sacrifice fly won a 14-inning thriller, Hosmer hit a tiebreaking, two-run single off Jacob deGrom in a four-run fifth. He has 15 RBIs in 13 games this post-season. THE ASSOCIATED PRESS



Raptors centre Jonas Valanciunas defends against the Pacers' Jordan Hill on Wednesday. FRANK GUNN/THE CANADIAN PRESS

NBA

Raptors take off on Pacers in 2nd half

DeMar DeRozan had 25 points as the Toronto Raptors rallied for a 106-99 home win over the Indiana Pacers in the NBA season opener for both clubs Wednesday night.

Toronto overcame a 16-point first-half deficit to improve to 13-8 in home openers and 12-9 in season openers. The Raptors also registered their fifth straight win over Indiana after sweeping the season series last year 4-0.

The Raptors struggled in the first half before a boisterous Air

WEDNESDAY At ACC

106 RAPTORS **99** PACERS

Canada Centre sellout of 19,800. But they had their fans on their feet in the second half, outscoring the Pacers 69-54.

George Hill led Indiana with 19 points while C.J. Miles added 18 points. THE CANADIAN PRESS



Patrick Chan of Canada competes in the Men's Singles Free Skating during the 2015 Japan Open. He recently returned from a year away from figure skating. KOKI NAGAHAMA/GETTY IMAGES

Hanyu and Chan face off again

FIGURE SKATING

Torontonian to renew rivalry with Japanese ace after hiatus

It might be the fiercest rivalry in figure skating. Almost two years after Patrick Chan stepped off the Sochi Olympic ice beaten and heartbroken, having lost gold to Japan's Yuzuru Hanyu, the two face off once again at this week's Skate Canada International in Lethbridge, Alta.

It's Chan's first major international competition since taking a year off. It's also the first time he'll compete against his young Japanese rival since Sochi.

"I'm excited ... just for the sheer adrenalin rush," Chan said. "I don't think it could have worked out better. It will be a great comparison to see ... first of all, someone who's been extremely successful since the Olympics and continued to dominate (Hanyu), and some-

one who's had a year off, and has been successful in different ways."

Chan looked to have gold in his grasp in Sochi, after a flawed program by Hanyu. But Chan faltered as well, and the three-time world champion walked away from competition to consider his future after his second-place finish.

He didn't stray far though. Chan, who said he accepted the results from the Olympics "a long time ago," skated on several show tours, which took him around the world and saw him perform several times a week.

Hanyu, meanwhile, continued to compete after Sochi and finished second behind Spain's Javier Fernandez at the world championships last March. Chan has eased himself back into competing by skating in a couple of smaller events, including the Japan Open where he had "a banana-peel slip" just seconds into his long program, and then didn't land a quad. He finished third.

THE CANADIAN PRESS

TENNIS

Raonic pulls out of Paris event after another injury

Milos Raonic's injury woes have forced him out of another high-profile tennis tournament in Paris.

Organizers of the Paris Masters confirmed Wednesday on Twitter that the hard-serving Canadian has withdrawn from the event because of a back injury.

The tournament is a vital stop for players trying to bag one of eight spots in the ATP Tour final. Raonic is currently ranked 14th in the race to the lucrative London tournament and will likely miss out.

Raonic also missed the French Open earlier this season after undergoing surgery to repair a nerve injury in his right foot. THE CANADIAN PRESS

NFL

Browns' QB shortage not helped by Manziel

Their starter has a sore shoulder, bruised ribs and who knows what other ailments. Their back-up could be facing NFL discipline.

The Browns' quarterback situation — always convoluted — is even more of a mess.

With Josh McCown unable to throw because of a right shoulder injury sustained last week when he was roughed up in St. Louis, the Browns don't know yet if he'll be able to start Sunday when they host Arizona. And

McCown's injury isn't the team's only QB concern.

Johnny Manziel, who replaced McCown late against the Rams, was to meet Wednesday with league investigators, who are looking into whether he violated the personal conduct policy during



Johnny Manziel
GETTY IMAGES

an Oct. 12 argument with his girlfriend.

According to an Avon, Ohio, police report, Colleen Crowley accused Manziel of hitting her and pushing her head against his car's window during their argument. Browns coach Mike Pettine described Manziel's meeting as "imminent" before the team's practice. Manziel was not in the locker-room during the time it was open to reporters following the workout, but the

+ LONG ODDS

The New England Patriots (6-0) will host the Miami Dolphins (3-3) on Thursday night. The opening line had the Pats by 10.5 points.

2012 Heisman Trophy winner was seen in a hallway near the entrance to the team's facility.

THE ASSOCIATED PRESS

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RECIPE Roasted Butternut Squash and Sweet Pear Soup



PHOTO: MAMA VISNEI

Ceri Marsh & Laura Keogh
For Metro Canada



As comforting as your favourite nubby sweater, this soup has a subtle sweetness.

Ready in
Prep time: 20 minutes
Serves 4

Ingredients

- 2 lb butternut Squash, peeled, seeded and cut into 2 inch chunks
- 3 shallots, quartered
- 3 heirloom carrots, cut lengthwise and then in half
- 2 cloves garlic
- 2 tablespoons olive oil
- 1/2 teaspoon salt, divided
- 3 cup vegetable broth
- 1 cup milk
- 1/2 cup apple cider or water
- 3/4 cup pear puree
- Sour cream or Greek style yogurt for garnish

Directions

1. Preheat oven to 400 F.
2. Place squash, shallots, carrots and garlic in a large bowl and toss with the olive oil and 1/4 teaspoon salt.
3. Spread vegetables in a single layer on a large, rimmed baking sheet and roast in the oven for 50 to 55 minutes, or until fork tender. Let cool.
4. Place vegetables and 2 cups of vegetable broth into a blender and puree until smooth. Pour the puree into a large sauce pan over medium-low heat and stir in the rest of the broth, milk, water or apple cider, pear puree and remaining salt. Allow soup to cook until hot for about 10 minutes, stirring occasionally.
5. Serve with Greek style yogurt or sour cream.

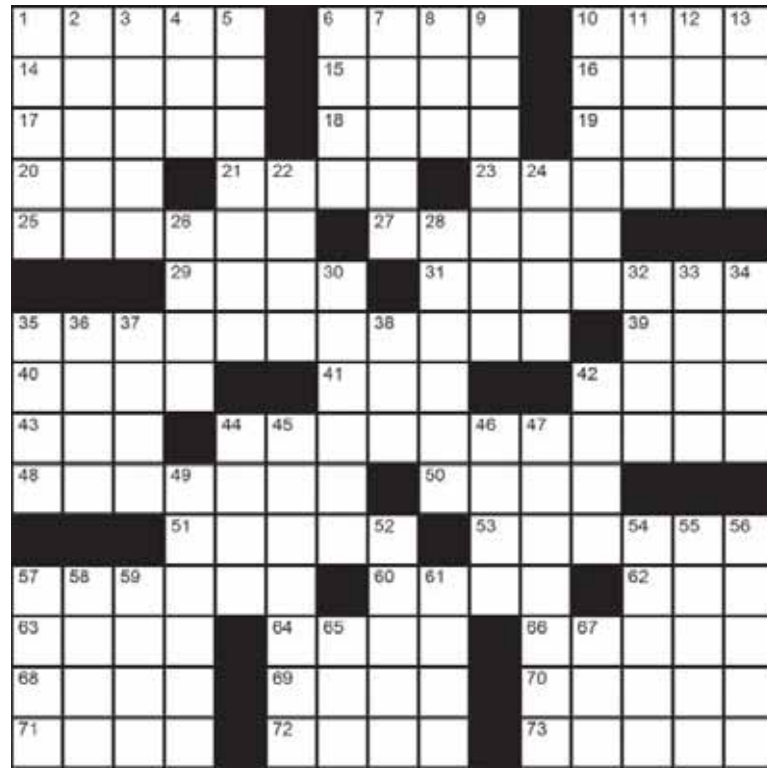
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Brainy
6. Crumbly soil
10. Crow's cries
14. _ New Guinea
15. Beauty cream ingredient
16. Butter substitute
17. Band of eight
18. Longing
19. Racetrack fence
20. Actress Charlotte
21. Canned fish
23. Shoot for
25. Variety of flatfish
27. Official li'l affirmatives from the planned party's invitees
29. Bellow
31. Overdue debts unpaid
35. Frankenstein author: 2 wds.
39. Actor Jason
40. Image
41. Person's story, for short
42. Archipelago part
43. Moo _ pork (Takeout dish)
44. Kiefer Sutherland is a vampire in what 1987 movie?: 3 wds.
48. Embark on a cruise: 2 wds.
50. Wall St. landmark, commonly
51. Centre point
53. Acapulco's locale
57. Malign
60. Suit piece



62. Bring in
63. Mine entrance
64. Depose
66. Squishy impact sound effect in comics
68. Hollywood

- legend Lillian
69. Fertilizer ingredient
70. Remove the pencil markings
71. Remain
72. Takes a chair

73. Wasteful place beneath the street

- in China
3. More likely to
4. Regret
5. Arm 'sleeve' drawings
6. Key
7. Ritual site

8. Bird of myth
9. Port city of France: 2 mots
10. Coffin occupant
11. Jai _
12. CNN journalist Bill
13. Exclusive
22. Salt Lake City's locale
24. Agile
26. Welsh opera singer Mr. Terfel
28. Ghost town building
30. Riots
32. Moreover
33. Depend on
34. Notices
35. Pine for
36. Be sore
37. Really beat, in sports
38. Small, small-ly
42. Wild goat
44. Kite part
45. Horrific
46. Types of orchestras, for short
47. Bloodsucking bugs
49. Anvil-user's workshop
52. Remote's target: 2 wds.
54. "Monster- _ _" (2005)
55. Terminate
56. Weasel kin
57. Pre-riches duds
58. Modify
59. Certain credit card
61. Airport scr. postings
65. Mr. Geller
67. Before

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
It's not like you to have such a thin skin. Get over worrying about other people's reactions, because you will soon have to do something that not everyone will agree with.

Taurus April 21 - May 21
Any worries about an affair of the heart will be laid to rest. You have never been more loved and admired. The sooner you recognize that fact the happier you will be.

Gemini May 22 - June 21
If a relationship of a practical nature is to be a success you are going to have to give ground. No matter how independent-minded a Gemini you may be you must make an effort to meet others halfway today.

Cancer June 22 - July 23
The next few days should get even better, especially if you have the courage to follow your instincts. Ignore those who dissuade.

Leo July 24 - Aug. 23
You must be decisive when dealing with others. If you give the impression that you don't know what you are doing they may lose confidence in you and go to someone else for the advice and assistance they need.

Virgo Aug. 24 - Sept. 23
You may disapprove of what a friend is doing but don't tell them. According to the planets they are being forced by events over which they have no control. Maybe you should support them.

Libra Sept. 24 - Oct. 23
After the trials and tribulations of the past few days what happens next will be more to your liking. You may even receive news of a windfall that solves a financial problem. Will it stop your reckless spending habits?

Scorpio Oct. 24 - Nov. 22
Even if you are feeling a bit run down the Sun in your sign will revive you and give you a second wind. Be careful with money though. Spend less and save more.

Sagittarius Nov. 23 - Dec. 21
A positive attitude is essential. Whatever issues you have to face, you are big enough and tough enough to deal with them. The right frame of mind will get you the right result.

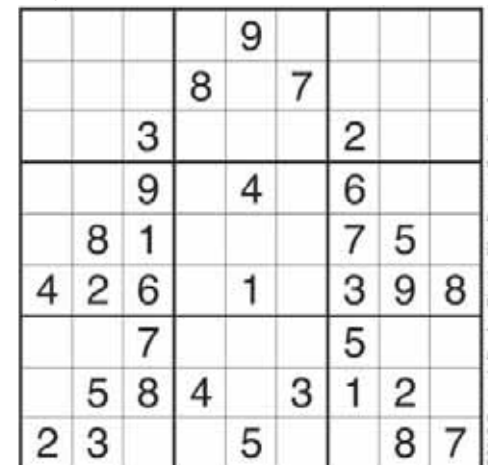
Capricorn Dec. 22 - Jan. 20
Someone you meet on your travels could be very important to you career-wise. Once you have made contact be sure to develop a friendship.

Aquarius Jan. 21 - Feb. 19
The Sun in the career area of your chart will make it easier for you to take center stage. But once you have made a good impression you must keep it going. It is not enough to be a star just for a day or two.

Pisces Feb. 20 - March 20
If you have a longing to travel, to visit faraway places, you will almost certainly be on the move over the next few weeks. The Sun in Scorpio will awaken your sense of adventure. It's time to start doing!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

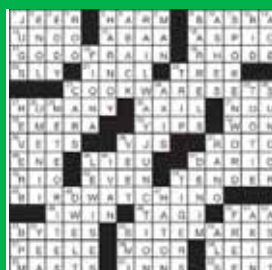


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